

## Fun Facts:

### Debbie Muir

- Won a silver medal at the Pan Am Games in 1973 in synchronized swimming
- Became the head coach of the Canadian National Synchronized Swimming Team in 1976
- Earned a Bachelor of Education degree from the University of Calgary
- Coached “the Golden Years” of the Canadian program – her athletes won seven world championship gold medals, two Olympic silver and two Olympic gold medals
- Coached the Australian synchronized swimming team from 1995 to a best-ever top-eight finish at the 2000 Olympic Games
- Holds two Women of Distinction awards for contribution to sport, recreation and culture
- Was inducted into Canada’s Sports Hall of Fame in 1995
- In 2005 was honoured as one of Alberta’s Top 100 ‘People of the Century’ in sport and recreation
- Was Inducted into the International Swimming Hall of Fame in 2007
- Was a Canadian Olympic Committee Mentor Coach at the 2008 and 2010 Olympic Games
- Graduated from Royal Roads University’s Executive Coaching program
- Was a high performance advisor for the sports of swimming, rowing, gymnastics, triathlon, diving, trampoline and cycling while working with OTP
- Wrote Great Traits of Champions with Mark Tewksbury in 2008
- Works as a mentor with coaches in speed skating, water polo, and synchronized swimming
- Lead and completed performance debriefs & evaluation for Athletics Canada, Swimming Canada, and Triathlon Canada
- Sits on the Board of Directors of the Canadian Centre for Ethics in Sport

## Fun Facts:

### Mark Tewksbury

- Swimming career includes 21 national titles, 7 world records, and 3 Olympic medals
- Broke the very first short course world record in history (100 metre backstroke) in 1991
- Had a cover appearance on TIME magazine
- Began public speaking in 1988, received scholarship (then mentored) Dale Carnegie course, and kept going for a 25 year speaking career
- Was Canadian Athlete of the Year 1992
- Was inducted into the Canadian Olympic Hall of Fame (1993) Canada’s Sports Hall of Fame (1995) and the International Swimming Hall of Fame (2000)
- Earned Bachelor of Arts degree from University of New South Wales
- Awarded Meritorious Service Medal by Governor General of Canada
- Has been spokesperson for Sears, Speedo, Investors Group, Canadian Cattlemen’s Association, P&G, Children’s Miracle Network, Special Olympics, CANFAR
- In 1998, was first Canadian athlete to publicly declare being gay
- Was on Canada AM as weekly contributor for 2000, 2001 seasons
- Was original host of Discovery Channel’s popular *How It’s Made*
- Recognized by University of Western Ontario (2001) and University of Calgary (2010) with Honorary Doctorate of Laws
- Authored *Visions of Excellence* (1993), *Inside Out* (2006), and *Great Traits of Champions with Debbie Muir* (2008)

- Was part of CBC's Olympic prime-time team at 2004 and 2008 Olympic Games
- Was Co-President of 1<sup>st</sup> World Outgames in Montreal in 2006
- Master of Ceremonies for Dalai Lama's Canadian appearances in 2007 and 2009
- Invited by Government of France to speak at the United Nations on human rights in 2008
- Was Chef de Mission for 2012 Canadian Olympic Team