

## **BIOGRAPHY**

### **Debbie Muir**

Debbie Muir is an internationally respected leader and one of Canada's greatest coaches. She is an expert in creating high performance environments where individuals, teams, and organizations achieve their best results. Debbie draws from her international experience and education background to design inspiring training programs that equip people with practical tools they need to succeed.

While coach of the national synchronized swimming team, Debbie's athletes won seven out of a possible nine world championship titles over an eight-year period. In its debut in the Olympic Games, Debbie's athletes won two silver medals. Four years later, her swimmers reached the pinnacle of success winning two Olympic gold medals. Debbie was named one of the top-ten all-time coaches in Canadian history, the only woman to receive this remarkable distinction. She has been inducted into the Canadian Sports and International Swimming Halls of Fame.

Debbie has an Education degree from the University of Calgary, with a focus on curriculum design. She spent more than a decade working with *Own the Podium*, helping many of Canada's top sport organizations conduct performance reviews and create strategies for breakthrough results. She currently sits on the Board of Directors for the Canadian Centre for Ethics in Sport, and is co-founder of Great Traits, a training and development company that helps people succeed in competitive, performance-based environments.